



Michigan
Home-Based
Family
Services
Association

supportive training for community based workers...

35th Annual Conference

2023

October 12 and 13

4.5 MCBAP CREDITS
11 SOCIAL WORK CEUs
4 ETHICS CREDITS
2 PAIN CREDITS

AT THE BAVARIAN INN LODGE IN FRANKENMUTH, MI

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SCHEDULE AT A GLANCE

DAY ONE

8:00 AM	Registration Begins
9:00 AM – 10:30 AM	PLENARY: <i>What is I/DD?</i> Mary Luchies, PhD, LP, BCBA/LBA
8:00 – 10:00 AM	ETHICS: The Constitution and Bill of Rights-Understanding the Powers that Protect your Rights. Part I Debra Peters, MA, MBA, LMSW, LPC
10:30 AM - 10:45 AM	BREAK
10:45 AM - 12:15 PM	Workshops
Brahms 2 nd Floor	A. Drug Classification/Abuse & Community Prevention Brennon J. Warren, BS, Law Enforcement Specialist
Mosel/Rhine 1 st Floor	B. Why Do They Act That Way: Understanding Mental Health Diagnoses Melvin C. McDowell Jr., DSW, MSW, LMSW-C
Danube 1 st Floor	C. Autism 101 Erika Dianis, PsyD, LP
Altmuehl 1 st Floor	D. Navigating White Spaces & the Effects of Racial Trauma Among Clinicians Working with Adolescents and Families Araceli Warners, LLMSW, DBT-C and Jennifer Coria, LMSW
12:15 PM - 1:15 PM	Awards Luncheon (Lunch Provided)– All are invited! President’s Award will be Presented
1:15 PM - 2:45 PM	Workshops
Brahms 2 nd Floor	E. Using the 5 Dysfunctions When Supervising Community Based Workers Selina Engle-Gross, LMSW and Stephanie Hoffman, LMSW
Danube 1 st Floor	F. ABA 101 Heather Glidden, LBSW MS
Mosel/Rhine 1 st Floor	G. Treating Children and Inner Children: An Introduction to Internal Family Systems for Symptom Reduction Caitlin Quantock, LMSW
Altmuehl 1 st Floor	H. Foster Parents Support and the Role it has on Foster Care Disruptions Stephani Weber, MSW, LMSW, CMHP, QMHP, CAADC, QIDP, DSW-(C)
2:45 PM - 3:00 PM	BREAK
3:00 PM - 4:30 PM	PLENARY: Emerging Drug Trends Among Youth Stephen Thiele, CPRC
3:00 PM – 5:00 PM	ETHICS: The Constitution and Bill of Rights-Understanding the Powers that Protect your Rights. Part II Debra Peters, MA, MBA, LMSW, LPC
4:30	Dinner on Your Own!

SCHEDULE AT A GLANCE

DAY TWO

8:30 AM – 10:00 AM	Bach- Beethoven	PLENARY: TRUST; Who? You? Now why would I go and do something like that? Are clients being treatment resistant? A Native American perspective and historical interactions with system <i>Jonathan Rinehart, LMSW, CTRP-C, ADS</i>
10:00 AM - 10:15 AM		BREAK
10:15 AM - 11:45 AM		Workshops
	Brahms 2 nd Floor	A. Tips, Tricks, & Tools for Working with Adolescents and Families <i>Selina Engle-Gross, LMSW and Eric Nykamp LMSW</i>
	Danube 1 st Floor	B. Home Based Clinicians Guide to Talking about Mass Shootings & Firearms <i>Mary Miller, LMSW</i>
	Mosel/Rhine 1 st Floor	C. Critical Incident Desensitization Protocol for crisis use with adolescents and children. <i>Danie Duron, MA, LPC, EMDR and IATP-C Certified</i>
	Altmuehl 1 st Floor	D. Skill Building and Application of the Transtheoretical Model of Change <i>Nebojsa Malbasa LMSW/CAADC/CCS-P</i>
11:45 AM - 1:00 PM		Lunch Provided
1:00 PM – 3:00 PM	Bach/Beethoven	PLENARY: Stress Management in Home-Based Behavioral Health: An Evidence-Based Perspective <i>Scott Shaw, PhD, D.Min., LPC, LMHC, LMSW</i>
3:00 PM		Conference Completion- CEU and Evaluation Collection

DAILY SCHEDULE

THURSDAY OCTOBER 12, 2023

8:00 AM

REGISTRATION BEGINS

PLENARY: What is I/DD?

9:00 AM -
10:30 AM

This plenary session will review definitions for intellectual and developmental disabilities (I/DD) and serious emotional disturbances (SED). Discussion as to how these definitions can intersect, change, and be included in a wide range of interventions for children and families.
Mary Luchies, PhD, LP, BCBA/LBA

8:00 AM -
10:00 AM

ETHICS: The Constitution and Bill of Rights-Understanding the Powers that Protect your Rights. Part I

This course will provide a review of the Constitution for the United States of America, an overview of its history and how it works. We will explore and discuss some surprising findings contained in the Constitution. Knowledge from this course will assist you in ethically protecting the civil rights of yourself and those with whom you work.

Debra Peters, MA, MBA, LMSW, LPC

10:30 AM -
10:45 AM

BREAK

WORKSHOPS

10:45 AM -
12:15 PM

A. Drug Classification/Abuse & Community Prevention

This presentation will Discuss physical and mental effects of common drugs within our community and identify community partnerships/programs, specializing in substance abuse prevention.

Brennon J. Warren, BS, Law Enforcement Specialist

B. Autism 101

This presentation will provide an overview of ASD including DSM criteria, prevalence rates and causes. Review neurotypical vs red flag behaviors. Provide insight into evaluation and assessment tools, treatment options and screening tools and basic ASD vocabulary.

Erika Dianis, PsyD, LP

C. Why Do They Act That Way: Understanding Mental Health Diagnoses

This training will provide an overview of several mental health diagnoses that are commonly seen in children and teens who have encountered mental health and child welfare services. In this training you will leave understanding the symptoms of those diagnoses and how those symptoms impact the child, how they typically see the world around them, and in most cases, how the world views them.

Melvin C. McDowell Jr., DSW, MSW, LMSW-C

D. Navigating White Spaces & the Effects of Racial Trauma Among Clinicians Working with Adolescents and Families

This presentation will discuss BIPOC racial trauma, the effects of racial trauma, racial battle fatigue, grieving racism, and ways to cope as a BIPOC but also ways to help BIPOC clients while navigating predominantly white spaces.

Araceli Warners, LLMSW, DBT-C and Jennifer Coria, LMSW

12:15 PM -
1:15 PM

AWARDS LUNCHEON (ALL ARE INVITED)- PRESIDENTS AWARDS WILL BE GIVEN

WORKSHOPS

1:15 PM -
2:45 PM

E. Using the 5 Dysfunctions When Supervising Community Based Workers

This presentation will introduce and define the 5 dysfunctions of a team. Participants will learn how to use the 5 dysfunctions in their supervision practice and review tools on how to overcome common challenges on a team.

Selina Engle-Gross, LMSW and Stephanie Hoffman, LMSW

F. ABA 101

The presentation will provide an overview of ABA, evidenced based used of ABA and a description of the 4 functions of behavior as well as examples and optional questionnaires to help identify those behaviors. Includes the difference between the FA and FBA.

Heather Glidden, LBSW MS

G. Treating Children and Inner Children: An Introduction to Internal Family Systems for Symptom Reduction

This presentation will introduce clinicians to the Internal Family Systems (IFS) model as a trauma-informed intervention for clients of all ages. IFS offers a framework for identifying the misunderstood “parts” of our clients that are often the causes of presenting problems. Highlighting this connection allows therapists and clients to reframe unhealthy behaviors as over-developed strengths of parts, rather than pathologizing them.

Caitlin Quantock, LMSW

H. Foster Parents Support and the Role it has on Foster Care Disruptions

The presentation will provide understanding of foster care disruptions and the impact of youth. Identify training and support resources for foster parents. Provide strategies to improve foster care stability and review ways to strengthen the workforce to prioritize youth voice in placement and increase contact and coordination between community partners.

Stephani Weber, MSW, LMSW, CMHP, QMHP, CAADC, QIDP, DSW-(C)

2:45 PM-
3:00 PM

BREAK

3:00 PM –
4:30 PM

PLENARY: Emerging Drug Trends Among Youth

This training will assist participants in understanding the current drug trends in Michigan amongst our youth. Participants will be educated on some of the specific drug trends and health implications. Participants will learn about the community resources for substance use services in Michigan.

Stephen Thiele, CPRC

3:00 PM –
5:00 PM

ETHICS: The Constitution and Bill of Rights-Understanding the Powers that Protect your Rights. Part II

This course will continue to review the Constitution for the United States of America, an overview of its history and how it works. We will explore and discuss some surprising findings contained in the Constitution. Knowledge from this course will assist you in ethically protecting the civil rights of yourself and those with whom you work.

Debra Peters, MA, MBA, LMSW, LPC

FRIDAY OCTOBER 13, 2023

PLENARY: TRUST; Who? You? Now why would I go and do something like that? Are clients being treatment resistant? A Native American perspective and historical interactions with system

8:30 AM -
10:00 AM

This opening plenary session will provide participant with an overview of Native Americans interactions with systems in a historical perspective and learn policies that have impacted NAs historically and learn strategies to build therapeutic alliance.

Jonathan Rinehart, LMSW, CTRP-C, ADS

10:00 AM -
10:15 AM

BREAK

WORKSHOPS

10:15 AM -
11:45 AM

A. Tips, Tricks, & Tools for Working with Adolescents and Families

The presentation will review how to use mindfulness in practice, barriers to engagement and benefits of mindfulness. Learn skills to help the Clinician working with families who have experienced a traumatic event. Learn more about DBT, EMDR and TF-CBT skills that can be used in everyday practice.

Selina Engle-Gross, LMSW and Eric Nykamp, LMSW

B. Home Based Clinicians Guide to Talking about Mass Shootings & Firearms

The presentation will discuss Safety Measures that Home Based Therapists should utilize to promote safety for themselves as well as the home-based families they work with. Learn ways and techniques to reduce discomfort and normalize conversations about firearms in the home. Explore ways to have age-appropriate conversations about mass shootings. Review strategies to lessen anxiety following a mass shooting for parents and children.

Mary Miller, LMSW

C. Critical Incident Desensitization Protocol for crisis use with adolescents and children.

Participants will learn the theory on why CID and A-TIP work. A look at what situations CID and A-TIP would be helpful and teaching strategies for using CID and A-TIP with children and adolescents.

Danie Duron, MA, LPC, EMDR and IATP-C Certified

D. Skill Building and Application of the Transtheoretical Model of Change

This training will assist participants in understanding the Transtheoretical Model of Change. Participants will learn about the six stages of change, as well as the ten processes of change, and implications for determining levels of care. Participants will have the opportunity to participate in activities and discussion designed to enhance their learning regarding skill building and guiding clients through the stages of change.

Nebojsa Malbasa, LMSW/CAADC/CCS-P

11:45 AM -
1:00 PM

LUNCH PROVIDED

PLENARY:

Stress Management in Home-Based Behavioral Health: An Evidence-Based Perspective

**1:00 PM –
3:00 PM**

This workshop will examine neuroscience and psychological definitions of stress and the current clinical scope of stress management practices. Additionally, the presentation will review basics of neuroplasticity, and neuroanatomy as it relates to stress perception, attention, and mindfulness practices.

Scott Shaw, PhD, D.Min., LPC, LMHC, LMSW

3:00 PM

CONFERENCE COMPLETION AND CEU COLLECTION

CONFERENCE DETAILS



CONFERENCE CANCELLATION POLICY

Cancellations must be made in writing prior to September 28, 2023. No refund(s) will be offered after this date, but someone else may attend in their place at no extra charge. Workshops will be on a first-come, first-serve basis and closed at room capacity. MHBFSA Federal ID # D382784259

For those needing special accommodations within the ADA, please contact:
Carla Waite: (616) 247-3815

DIRECTIONS TO BAVARIAN INN

Traveling from the North: Take I-75 South past Saginaw. Exit I-75 at Frankenmuth/Bridgeport Exit #144. Turn left onto the Dixie Highway and follow it for two (2) miles. Turn left at the blinking light onto Junction Road (Junction Road will be called Genesee Street in Frankenmuth). Follow this highway for 5.2 miles until you reach the traffic light at the intersection of Genesee and Main. Turn right and follow Main Street to the third traffic light (just beyond the two (2) large restaurants) and turn left to cross the Wooden Covered Bridge. The Bavarian Inn Lodge will be on your left.

Traveling from the South: Take I-75 North through Flint. Exit I-75 at the Frankenmuth/Birch Run Exit #136. Turn right on Birch Run Road and follow it for 1.9 miles to a 4-way stop at the intersection at M-83 (Gera Road) and Birch Run Road. Turn left on M-83 and follow this highway approximately 4.2 miles to Weiss Street where you will turn right. You will see the Oval Chapel on your left. Follow Weiss Street approximately 1 mile to a 4-way stop. Continue Weiss for another quarter mile. The Bavarian Inn Lodge is on the left with easy access to parking.

Room Information:

Room rates are \$109.00 per standard double room, \$119.00 per premium queens or king room, and \$169.00 per suite, single, double, triple, and quad occupancy per room, per night. There is an additional \$15 charge per person for a 5th or 6th person in the same room. Rollaway bed charges are \$15 per night and cribs are \$5 per night.

Mention Code #13C7RN to receive the discounted rate.
(Make reservations immediately to guarantee this rate)

RESERVATIONS CALL 1-888-775-6343/989-652-7200 | website: www.bavarianinn.com

REGISTRATION FORM

Name _____

Agency _____

Address _____

City, State, ZIP _____

Phone _____ E-mail _____

Please specify if anyone prefers a vegetarian luncheon option. If additional dietary accommodation is necessary or preferred, an on-site restaurant is available. Meals ordered at the restaurant are not included with registration and must be paid for separately by the conference attendee.

A vegetarian luncheon plate is requested by: _____

Check Rate:

Payment included

Early Registration Rates:

(must be received by September 21st)

- o Member \$170 per person (1-2 people)
- o Member \$150 per person (3-5 people)
- o Member \$130 per person (6 or more)

Names of other members (attach list if necessary):

Pay at conference

Late Registration Rates:

(received on or after September 22nd)

- o Member \$185 per person (1-2 people)
- o Member \$165 per person (3-5 people)
- o Member \$145 per person (6 or more)

Non-member \$220

Student \$85

(Copy of current Student ID must be included)

Consumer \$60

[First ten (10) consumers nominated for the President's Award will have their fee waived.]

Non-member \$235

Student \$100

(Copy of current Student ID must be included)

Consumer \$75

Register and pay online at: www.mhbfsa.org

Mail in your registration with check payable to:

MHBFSA

Send To: Selina Engle

1226 North State Road Owosso, MI 48867

Phone: 989-233-0914

Email: selinae@adolescentfamilybhs.com

MEMBERSHIP DETAILS

Mission: We are committed to strengthening families and communities through education and promotion of family-centered, home-based service delivery throughout Michigan (Since 1988)

Our training events are targeted to both bachelor and master level professionals from areas of health care, behavioral health, mental health, parent education, juvenile justice and education who serve families in a community setting. MHBFSA offers workshops at training events that are also beneficial to family members and students.

BENEFITS OF BEING A MEMBER OF THE MICHIGAN HOMEBASED FAMILY SERVICES ASSOCIATION (MHBFSA):

- Reduced Rates to Conferences (including Annual Conference)
- Free Trainings Throughout the Year
- Up-to-date Information & Practice Ideas in "Practice" Newsletter
- Home-Based Standards Handbook
- Home-Based Safety Guidelines Handbook
- State and National Networking Opportunities
- Training for New and Advanced Workers
- Links to Web Sites
- Advocacy and Practice Guidelines for Home-Based Workers
- Affiliation Recognized by COA & Other Accreditation Bodies
- SOCIAL WORK CEs
- MCBAP CREDITS
- CMH CHILD & FAMILY TRAINING CREDITS

For more information on becoming a member, please visit our website at: www.mhbfsa.org



President's Award Nomination Form

Complete, and submit form via:

Email: DanieD@traumaattachmentcenter.com

Mail: Danie Duron

12330 James Ste A80

Holland, MI 49424

Are you nominating: Person Agency Family

Name of Nominee: _____

Name to be placed on the award: _____

Agency: _____

Agency Address: _____

Agency Phone Number: _____

Person who will accept the award: _____ (if known)

Accepter Address: _____

Accepter Phone Number: _____

Letter of Nomination (add additional paper if necessary):

Individual completing form: _____ Email: _____