Michigan Home-Based Family Services Association

MHBFSA

supportive training for community based workers...

38th Annual Conference

Thursday October 29, 2026
and
Friday October 30, 2026

Located at
Bavarian Inn Lodge
Frankenmuth, MI

visit: www.mhbfsa.org

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Michigan Home-Based Family Services Association

SCHEDULE AT A GLANCE

DAY ONE

8:00 AM	Registration Begins
9:00 AM – 10:30 AM Bach Beethoven 2nd Floor	*PLENARY:* Built to Remain: Significance, Presence, and Calm Leadership *Sterling Brown, BA*
8:30 – 10:30 AM Lorelei Lounge 1st Floor	*ETHICS: What Every Social Worker Needs to Know about Ethical Implications: Part I* *Scott Shaw, PhD, EdD, D.Min, LPC, LMSW*
10:30 AM - 10:45 AM	Break
10:45 AM - 12:15 PM	Workshops
Brahms 2nd Floor	A. A Person-Centered Approach: Using Motivational Interviewing with Homebased Families *Khalea Foy, LMSW*
Danube 1st Floor	B. Interventions for Children and Families Experiencing Grief *Christine Gjestland MA:LPC, NCC, ACS, EMDR ®, Trauma Therapist*
Mosel/Rhine 1st Floor	C. Recovery and the Family: Understanding and Supporting Families with Addiction *Rachel Love, LMSW/CAADC/CCS-P and Bethany Stacey, LMSW/CAADC-P*
Lorelei Lounge 1st Floor	D. ETHICS: What Every Social Worker Needs to Know about Ethical Implications: Part II *Scott Shaw, PhD, EdD, D.Min, LPC, LMSW*
12:15 PM - 1:15 PM	Awards Luncheon (Lunch Provided)– All are invited! Presidents Award will be Presented
1:15 PM - 2:45 PM	Workshops
Brahms 2nd Floor	E. Beyond the Front Door: A Law Enforcement Perspective on Drug Hazards in the Home *Nathaniel T. Hopkins*
Danube 1st Floor	F. Little Steps, Big Leaps: Home-Based Interventions for Ages 4–6 and their Families *Renee Dyer, LMSW, QMHP, QIDP, CMHP, IMH-E*
Mosel/Rhine 1st Floor	G. Partnership in Practice: Navigating the Child Welfare System as a Clinician *Courtney McGivney LLMSW*
Lorelei Lounge 1st Floor	H. ETHICS: What Every Social Worker Needs to Know about Ethical Implications: Part III *Scott Shaw, PhD, EdD, D.Min, LPC, LMSW*
2:45 PM - 3:00 PM	Break
3:00 PM – 4:30 PM	Workshops
Brahms 2nd Floor	I. Safety Planning Problem Sexual Behaviors *Ashley Thering LMSW, QMHP, CMHP, QIDP*
Danube 1st floor	J. More Than a Meeting: The Power of Clinical Supervision *Stephanie Hoffman, LMSW and Selina Gross, LMSW*
Mosel/Rhine 1st Floor	K. Applying Internal Family Systems to Substance Abuse Therapy *Erin Alley, LLPC*
3:00 PM – 5:00 PM Lorelei Lounge 1st Floor	L. PAIN: Resilience and Stress Management in Home-Based Behavioral Health: An Evidence-Based Perspective *Scott Shaw, PhD, EdD, D.Min, LPC, LMSW*
5:00 PM	Dinner on Your Own!

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SCHEDULE AT A GLANCE

DAY TWO

8:00 AM	Continental Breakfast Will Be Provided Starting At 8:00 AM
8:30 AM – 10:30 AM Bach-Beethoven 2nd Floor	PLENARY: Permission to Feel: Strategies to Support Parents and Children with Big Feelings *Rebecca Stevens, LMSW*
10:30 AM – 10:45 AM	Break
10:45 AM - 12:45 AM Bach-Beethoven 2nd Floor	PLENARY: More Than a Service: How Peer Support Builds Engagement, Hope, and Healing *Krissy Dristy, BS and Shawna Kassuba, MS*
12:45 PM	Conference Completion- CEU and Evaluation Collection

PLEASE NOTE: Conference will be ending at 12:45 PM Lunch will **NOT** be provided. A continental breakfast will be provided at the start of the day. Please plan accordingly for your dietary needs!

DAILY SCHEDULE

THURSDAY OCTOBER 29, 2026

8:00 AM REGISTRATION BEGINS

9:00 AM - 10:30 AM

PLENARY: **Built** to Remain: Significance, Presence, and Calm Leadership

This session helps human services professionals build resilience, strengthen emotional wellness, and sustain a healthy, purpose-driven career. Participants will learn practical strategies to stay grounded in high-stress environments, reconnect with the value of their work, establish healthy boundaries, and use their own calm, intentional presence to positively influence the families they serve.

Sterling Brown, BA

8:00 AM - 10:00 AM

ETHICS: What Every Social Worker Needs to Know about Ethical Implications: Part I

This session will provide an overview of the NASW Code of Ethics and a thorough exploration of the six major values. Participants will discuss changes to the Code of Ethics and implications of changes. This presentation will teach the differences between social work values, ethical principles and ethical standards and the roles of each. Participants will also review and utilize best practice skills and critical thinking to apply the Code of Ethics to scenarios.

Scott Shaw, PhD, EdD, D.Min, LPC, LMSW

10:30 AM - 10:45 AM BREAK

MORNING WORKSHOPS

10:45 AM - 12:15 PM

A. A Person-Centered Approach: Using Motivational Interviewing with Homebased Families

This session introduces participants to Motivational Interviewing (MI) as an evidence-based, person-centered approach for supporting change with home-based families. Participants will learn how to use core MI skills, including OARS, to strengthen motivation, navigate resistance, and guide families toward their own goals by building on their strengths and values rather than providing solutions.

Khalea Foy, LMSW

B. Interventions for Children and Families Experiencing Grief

This session provides an overview of childhood grief across developmental stages and equips participants with evidence-based strategies to support grieving children and their families. Participants will learn to distinguish typical grief from trauma responses, select developmentally appropriate interventions, incorporate culturally and spiritually responsive practices, and develop effective treatment goals through case-based application.

Christine Gjestland MA: LPC, NCC, ACS, EMDR ®, Trauma Therapist

DAILY SCHEDULE

C. Recovery and the Family: Understanding and Supporting Families with Addiction
This training explores the impact of substance use disorders on family systems and the relationship patterns that can contribute to or be affected by addiction. Participants will learn to recognize common family dynamics, identify risk factors, and apply practical strategies to support both individuals affected by a loved one's substance use and families navigating the recovery process.
Rachel Love, LMSW/CAADC/CCS-P and Bethany Stacey, LMSW/CAADC-P

D. ETHICS: What Every Social Worker Needs to Know about Ethical Implications: Part II
This workshop will provide an overview of the NASW Code of Ethics and a thorough exploration of the six major values. Participants will discuss changes to the Code of Ethics and implications of changes. This presentation will teach the differences between social work values, ethical principles and ethical standards and the roles of each. Participants will also review and utilize best practice skills and critical thinking to apply the Code of Ethics to scenarios.
Scott Shaw, PhD, EdD, D.Min, LPC, LMSW

12:15 PM - 1:15 PM AWARDS LUNCHEON (ALL ARE INVITED)- PRESIDENTS AWARDS WILL BE GIVEN

AFTERNOON WORKSHOPS

1:15 PM - 2:45 PM

E. Beyond the Front Door: A Law Enforcement Perspective on Drug Hazards in the Home
This training increases therapists' knowledge of current drug trends, common controlled substances, and drug paraphernalia encountered during home visits. Participants will learn to recognize behavioral and physical indicators of substance use, identify potential safety risks and exposure concerns, and apply strategies to enhance personal safety while providing services in the community.
Nathaniel T. Hopkins

F. Little Steps, Big Leaps: Home-Based Interventions for Ages 4–6 and their Families
This training prepares home-based therapists to effectively support children ages 4–6 and their families using an Infant Mental Health-informed, relationship-based approach. Participants will review key developmental milestones, learn practical interventions that promote social-emotional development, explore strategies to strengthen caregiver involvement, and identify community resources that enhance early childhood outcomes.
Renee Dyer, LMSW, QMHP, QIDP, CMHP, IMH-E

G. Partnership in Practice: Navigating the Child Welfare System as a Clinician
This introductory training provides clinicians with a foundational understanding of Michigan's Child Protective Services process, from intake through case outcomes, and their role in supporting children and families involved in the child welfare system. Participants will explore strategies for effective cross-agency collaboration, examine challenges and permanency timelines, and learn how a strengths-based, protective factors approach can improve outcomes for families.
Courtney McGivney LLMSW

DAILY SCHEDULE

H. ETHICS: What Every Social Worker Needs to Know about Ethical Implications: Part I
This workshop will provide an overview of the NASW Code of Ethics and a thorough exploration of the six major values. Participants will discuss changes to the Code of Ethics and implications of changes. This presentation will teach the differences between social work values, ethical principles and ethical standards and the roles of each. Participants will also review and utilize best practice skills and critical thinking to apply the Code of Ethics to scenarios.
Scott Shaw, PhD, EdD, D.Min, LPC, LMSW

2:45 PM - 3:00 PM BREAK

I. Safety Planning Problem Sexual Behaviors

3:00 PM – 4:30 PM

This training provides a practical framework for developing effective safety plans for youth with problematic sexual behavior (PSB). Participants will learn to create individualized, developmentally appropriate, and family-centered safety plans that reduce risk, strengthen caregiver involvement, address supervision and environmental needs, and adapt over time to support treatment progress, accountability, and long-term success.
Ashley Thering LMSW, QMHP, CMHP, QIDP

J. More Than a Meeting: The Power of Clinical Supervision
This training explores the essential components of effective clinical supervision in home and community-based mental health settings. Participants will learn practical strategies to support clinician growth, promote ethical and reflective practice, address secondary traumatic stress, and strengthen supervisory effectiveness through formative, normative, restorative, and peer supervision approaches.
Stephanie Hoffman, LMSW and Selina Gross, LMSW

K. Applying Internal Family Systems to Substance Abuse Therapy
This training introduces participants to the core concepts of Internal Family Systems (IFS) and its application in substance use recovery. Participants will learn key IFS terminology, explore the goals of the model, practice foundational IFS exercises, and develop strategies for integrating IFS principles into their work with youth and families affected by substance use.
Erin Alley, MA and Rachel Love, LMSW/CAADC/CCS-P

3:00 PM – 5:00 PM

L. PAIN: Resilience and Stress Management in Home-Based Behavioral Health: An Evidence-Based Perspective
This session will examine neuroscience and psychological definitions of stress and clinical scope of stress management practices. Participants will review basics of neuroplasticity, and neuroanatomy as it relates to stress perception, attention and mindfulness practices. Will also review best practices in home-based settings.
Scott Shaw, PhD, EdD, D.Min, LPC, LMSW

DAILY SCHEDULE

FRIDAY OCTOBER 30, 2026

8:00 AM	CONTINENTAL BREAKFAST STARTS
8:30 AM - 10:30 AM	PLENARY: **Permission to Feel: Strategies to Support Parents and Children with Big Feelings** This training equips participants with attachment-informed, strength-based strategies to support parents and youth in developing emotional awareness, regulation, and resilience. Participants will explore how attachment influences parenting and emotional responses, examine the role of emotions and emotional avoidance, and learn practical self-care and distress tolerance strategies through interactive discussion, role-play, and demonstration. *Rebecca Stevens, LMSW*
10:30 AM - 10:45 AM	BREAK
10:45 AM - 12:45 AM	WORKSHOPS PLENARY: **More Than a Service: How Peer Support Builds Engagement, Hope, and Healing** This training explores peer support as a relationship-centered approach that strengthens engagement with youth and families across behavioral health, home-based, educational, and community settings. Participants will examine the roles of hope, resilience, social connection, and lived experience in fostering trust and meaningful partnerships while learning practical, peer-informed strategies to enhance family engagement and collaboration across multidisciplinary teams. *Krissy Dristy, BS and Shawna Kassuba, MS*
12:45 PM	CONFERENCE COMPLETION AND CEU COLLECTION

CONFERENCE DETAILS

CONFERENCE CANCELLATION POLICY

Cancellations must be made in writing prior to October 14, 2026. No refund(s) will be offered after this date, but someone else may attend in their place at no extra charge. Workshops will be on a first-come, first-serve basis and closed at room capacity. MHBFSA Federal ID # D382784259

For those needing special accommodations within the ADA, please contact:
Carla Waite: (616) 247-3815

DIRECTIONS TO BAVARIAN INN

Traveling from the North: Take I-75 South past Saginaw. Exit I-75 at Frankenmuth/Bridgeport Exit #144. Turn left onto the Dixie Highway and follow it for two (2) miles. Turn left at the blinking light onto Junction Road (Junction Road will be called Genesee Street in Frankenmuth). Follow this highway for 5.2 miles until you reach the traffic light at the intersection of Genesee and Main. Turn right and follow Main Street to the third traffic light (just beyond the two (2) large restaurants) and turn left to cross the Wooden Covered Bridge. The Bavarian Inn Lodge will be on your left.

Traveling from the South: Take I-75 North through Flint. Exit I-75 at the Frankenmuth/Birch Run Exit #136. Turn right on Birch Run Road and follow it for 1.9 miles to a 4-way stop at the intersection at M-83 (Gera Road) and Birch Run Road. Turn left on M-83 and follow this highway approximately 4.2 miles to Weiss Street where you will turn right. You will see the Oval Chapel on your left. Follow Weiss Street approximately 1 mile to a 4-way stop. Continue Weiss for another quarter mile. The Bavarian Inn Lodge is on the left with easy access to parking.

Room Information:

Room rates are $135.00 per standard double room, $145.00 per premium queens or king room, and $209.00 per suite, single, double, triple, and quad occupancy per room, per night. There is an additional $30 charge per person for a 5th or 6th person in the same room. Rollaway bed charges are $20 per night and cribs are $10 per night. The Bavarian Inn Lodge will apply a $34.95 daily resort fee to all reservations, subject to 6% state sales tax. This fee allows us to continually make improvements to our guest experience. It also allows us to continually offer many conveniences and included amenities without additional charges. The Bavarian Inn Lodge has had some renovations. It is currently listed as the biggest indoor waterpark in Michigan. To view more information on current and future renovations visit: https://www.bavarianinn.com/bavarian-blast-indoor-waterpark/. Group rooms are not blocked together in the same area of the hotel. If guests would like their rooms together, they must be booked at the same time within the same phone call. The method of payment for each room must be given when the reservation is made.

Mention Code **#13X1NH** to receive the discounted rate.
(Make reservations immediately to guarantee this rate)

RESERVATIONS CALL 1-888-775-6343/989-652-7200 | website: www.bavarianinn.com

REGISTRATION FORM

Name _____

Agency _____

Address _____

City, State, ZIP _____

Phone_____ **E-mail**_____

Please indicate during registration if you would like a vegetarian lunch option. To ensure availability, vegetarian meal requests must be submitted in advance and cannot be guaranteed after the registration deadline.

If you require dietary accommodations beyond the vegetarian option or have other meal preferences, an on-site restaurant will be available. Please note that meals purchased from the restaurant are not included with conference registration and are the responsibility of the attendee.

Attendees are also welcome to bring supplemental snacks or meals to meet their individual dietary needs. Microwaves will be available on-site for your convenience should you need to heat food during the conference.

A vegetarian luncheon plate is requested by: _____

Check Rate:

☐ Payment included

Early Registration Rates:

(must be received by September 17th)

o Member $170 per person (1-2 people)

o Member $150 per person (3-5 people)

o Member $130 per person (6 or more)

☐ Pay at conference

Late Registration Rates:

(received on or after September 18th)

o Member $185 per person (1-2 people)

o Member $165 per person (3-5 people)

o Member $145 per person (6 or more)

Names of other members (attach list if necessary):

_____ _____

_____ _____

_____ _____

☐Non-member $220

☐Student $85

(Copy of current Student ID must be included)

☐Consumer $60

☐Non-member $235

☐Student $100

(Copy of current Student ID must be included)

☐Consumer $75

[First ten (10) consumers nominated for the President's Award will have their fee waived.]

Register and pay online at: www.mhbfsa.org

Mail in your registration with check payable to:
MHBFSA

Send To: Selina Engle
1226 North State Road Owosso, MI 48867
Phone: 989-233-0914
Email: selinae@adolescentfamilybhs.com

MEMBERSHIP DETAILS

Mission: We are committed to strengthening families and communities through education and promotion of family-centered, home-based service delivery throughout Michigan (Since 1988)

Our training events are targeted to both bachelor and master level professionals from areas of health care, behavioral health, mental health, parent education, juvenile justice and education who serve families in a community setting. MHBFSA offers workshops at training events that are also beneficial to family members and students.

BENEFITS OF BEING A MEMBER OF THE MICHIGAN HOMEBASED FAMILY SERVICES ASSOCIATION (MHBFSA):

- Reduced Rates to Conferences (including Annual Conference)
- Free Trainings Throughout the Year
- Up-to-date Information & Practice Ideas in "Practice" Newsletter
- Home-Based Standards Handbook
- Home-Based Safety Guidelines Handbook
- State and National Networking Opportunities
- Training for New and Advanced Workers
- Links to Web Sites
- Advocacy and Practice Guidelines for Home-Based Workers
- Affiliation Recognized by COA & Other Accreditation Bodies
- SOCIAL WORK CEs
- MCBAP CREDITS
- CMH CHILD & FAMILY TRAINING CREDITS

For more information on becoming a member, please visit our website at: www.mhbfsa.org

President's Award Nomination Form

Complete, and submit form via:
Email: selinae@adolescentfamilybhs.com
Mail: Selina Gross
1226 North State Road
Owosso, MI 48867
Phone: 989-233-0914

Are you nominating: ☐Person ☐ Agency ☐Family
Name of Nominee: _____
Name to be placed on the award: _____
Agency: _____
Agency Address: _____
Agency Phone Number: _____
Person who will accept the award: _____(if known)
Accepter Address:_____
Accepter Phone Number: _____

Letter of Nomination (add additional paper if necessary):

Individual completing form: _____Email: _____